

# MUNAWWAR HAYAT



One of Pakistan's most senior and respected figures in neurology, Dr. Munawwar Hayat died after a short illness in Lahore on April 29, 2007. A true pioneer, he is credited with setting up the first neurology department in the country, at Dow Medical College in Karachi in 1967, which he soon followed up by establishing the neurology department at King Edward Medical College, Lahore. In doing so, he ensured professional recognition for neurology as a distinct clinical discipline.

Dr. Hayat was born in Sialkot in 1934. His schooling spanned a diverse experience, extending from a village school near Sialkot to an English school in Bombay, a Catholic school (St. Patrick's) in Karachi, and eventually Central Model School, Lahore. When he passed matriculation in 1949, he stood first in the province and was awarded a gold medal. In 1951, Dr. Hayat passed F.Sc. from Lahore's famed Government College (now Government College University) on a merit scholarship. He continued his academic successes in medical school, graduating from Lahore's King Edward Medical College in 1956 with first position in medicine and the Sutherland memorial gold medal.

After serving as a house physician in Mayo Hospital, Lahore, Dr. Hayat proceeded to the UK for postgraduate specialty training, passing the MRCP (with neurology as his special subject) from Edinburgh in March 1959 in a record period of 14 months. He stayed on in the UK for another four years, obtaining specialized training in diseases of the nervous system and serving in Britain's National Health Service.

On his return to Pakistan in 1963, Dr. Hayat was rapidly recognized as an astute clinician, a committed patient advocate, and a tireless champion for neurology. He also became a highly regarded teacher and a revered academic administrator. His teaching career extended over 30 years, of which 23 were as professor of neurology at King Edward Medical College. He retired in 1994, as principal of Allama Iqbal Medical College in Lahore.

He actively pursued extra-curricular interests and remained the staff president for literary activities at King Edward for 18 years. On the occasion of the college's centenary silver jubilee, he wrote an illustrated history of the institution covering the period 1860 through 1985. Even after retirement, he pursued his zest for learning, obtaining a Master's degree in computer science from the Lahore campus of Preston University (USA) in the year 2000. He also became a fellow of Britain's Royal Society of Medicine in 2000.

Dr. Hayat's career is decorated with numerous honors and awards. He was an elected member of the Punjab University Senate and Syndicate for 5 years; secretary of the Pakistan Medical Association, Lahore and Punjab, cumulatively for 6 years; and an elected member of the Pakistan Medical and Dental Council for 10 years. He remained a member of the King Edward Medical College syndicate until his death.

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## K. ZAKI HASAN



K. ZAKI HASAN  
(1927-2007)

One of the doyens of neurology and psychiatry in Pakistan, Dr. Khwaja Zaki Hasan died in Karachi on 15<sup>th</sup> December 2007. He was 80 years old. A beloved academic figure and a humanitarian, he founded the department of neuropsychiatry at Karachi's Jinnah Postgraduate Medical Center in 1967 and, over a remarkable professional career spanning three decades, promoted the cause of mental health endlessly. He is credited with pioneering the treatment of the mentally ill in general hospitals in Pakistan.

Dr. Hasan was born in 1927 in Hyderabad, India, and obtained his medical degree from that city's famed Osmania University. After postgraduate studies in the UK, he returned to Pakistan and began an academic career in neuropsychiatry, serving as professor and head of the department of neuropsychiatry at Jinnah Hospital for two decades. A gifted teacher holding additional appointments at Karachi's College of Nursing and Karachi University's departments of psychology and sociology, Dr. Hasan inspired legions of students in medicine, nursing, occupational therapy, psychology, sociology and social work.

His research interests included mental retardation, childhood disabilities, epilepsy, schizophrenia, and the relationship between social circumstances and mental illness. Among his several honors are membership in national and international professional and planning committees concerned with medical research, health services, medical education, the handicapped, and labor education and research. He represented Pakistan at the

UNICEF Executive Board (1972-81) and was its chairman in 1980.

In 1987, Dr. Hasan became founding dean of Baqai Medical College, an innovative institution in Karachi with a community-oriented curriculum. In 1992, when Baqai Medical College acquired the status of a university, Dr. Hasan served as vice-chancellor for four years. In 1997, Dr. Hasan helped establish Jinnah Medical College in Karachi and became its founding dean, the last position he held before retirement.

Dr. Hasan had a public persona that extended beyond the professional medical sphere. He was a popular advocate of human rights and civil society causes and often contributed articles to magazines and newspapers. He was also a frequent guest on television and radio shows addressing social and civic issues. His academic bibliography includes several book chapters, over 120 scholarly articles, and a book titled 'Public Health Challenges in Pakistan' published in 2006.

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