

# BRIEF REPORT ON 14TH INTERNATIONAL NEUROLOGY UPDATE & 7TH NATIONAL STROKE CONFERENCE

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Learning is an enduring burden for neurologists aiming to maintain a high standard of clinical practice and education. Keeping up to date with new developments in medicine is a real challenge. But it's a challenge all neurologists must take if they are to do justice to their patients and aim for superior clinical expertise. The colossal burden of neurological disorders in Pakistan often overwhelms neurologists and trainees leaving them little time for professional self development.

14th International Neurology Update & 7th National Stroke Conference was the valuable opportunity for neurologists and trainees to benefit from the expertise of international and national leaders who shared their knowledge and wisdom on a variety of clinically useful topics. Neurology update conferences have contributed to this growth. Neurology updates conference primarily due to the initiative of Pakistan Neurologist residing abroad on the platform of Pakistan International Neurology Society along with this to Pakistan Society of Neurology contributing to make this event successful.

This year the executive committee of Pakistan Society of Neurology organized update conference 2014 & national stroke conference at the Aga Khan University, Karachi. This conference held from 19-21 December, 2014. It was organized & well attended update conference.

There were six scientific sessions & half day neurophysiology workshop in this conference. The speakers from Canada, Qatar, KSA, UAE and Pakistan were shared their experiences pertaining to neurology. There was dedicated session to memorize the contribution of Late Prof. Akhter Ahmed & Dr. Shahid Rafiq Butt.

The core of the discussion was the advances in stroke treatment and the newer therapies now emerging. In the inaugural dinner session of this three day conference, Chief Guest Mr. Khalil Ibupoto, Chairman, Pakistan Science Foundation elaborated the need of collaborative efforts. He said that the Govt. is aware of its responsibility & also providing opportunities.

Prof. Ashfaq Suhaib (Guest of Honor) stated about the

new developments in the stroke management across the world. Prof. Ashfaq Shouib from Canada showed regarding the new approaches in stroke prevention and advances in stroke management.

Prof. M. Wasay President Pakistan Society of Neurology in his inaugural talk presented the statistics of stroke in Pakistan and he added that almost for every one million peoples only one Neurologist available. He also discussed the future directions of Neurology in Pakistan and said that awareness programs must be arranged on regular basis.

Dr. Jawwad Bajwa from Saudia Arabia (KSA) a movement disorder specialist discussed about training and research opportunities in the movement disorder sub-specialty.

Dr. Hasnain Hashim, Dr. Maria Junaid & Dr. Kamran Habibullah from Rashid Hospital Dubai discussed the situation related to stroke in his country.

There was key note lecture via Video Conference on Lysosomal Storage Disorders Specially Pompe Disease in Adults by Edward James Cupler from King Faisal Specialist Hospital and Research Center Jeddah, Saudi Arabia.

There was dedicated national guidelines session on epilepsy & Parkinson disease. Dr. Nadir Ali Syed Chairman Organizing Committee and Dr. Naila Shahbaz General Secretary Pakistan Society of Neurology in their talks were grateful to all speakers specially the foreign speakers and the participants who came from across the country. She also thanked to all supporters & organizers to mark this event successful.